

Leadership Boot Camp Workbook

2011

Name : _____

Leadership Characteristics

Write down at least 5 characteristics you believe a leader should have.

1

2

3

4

5

Biases

Write down at least 3 of your biases.

1

2

3

Strengths

Write down at least 3 strengths/talents

1

2

3

Write Down Your 5 Strengths from the Quiz

1

2

3

4

5

Executing	Influencing	Relationship Building	Strategic Thinking
Achiever	Activator	Adaptability	Analytical
Arranger	Command	Developer	Context
Belief	Communication	Connectedness	Futuristic
Consistency	Competition	Empathy	Ideation
Deliberative	Maximizer	Harmony	Input
Discipline	Self-Assurance	Includer	Intellection
Focus	Significance	Individualization	Learner
Responsibility	WOO	Positivity	Strategic
Restorative		Relator	

On your feet!

Take 5 minutes to jot down some notes on the topic you need to discuss.

Notes:

People will be selected to give a 3 minute speech on the topic of their choice, using their notes and any available props.

Evaluate the presenters on each of the following categories:

Name:

Know your audience						
Project your voice						
Use Eye Contact & Gestures						
Create a Persuasive Presentation						
Use Visuals						
Locate, Turn, & Talk						
Appropriate Q&A						

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At the end of each presentation, list off THREE things you think each presenter did well.

Also give them ONE suggestion for improvement.

Motivation

Write down 3 things that motivate you.

1

2

3

Write down two things that motivate the others around you.

1

2

Time Management

Review the time log that you filled out before the camp to determine where time is wasted.

What activities can you cut out to increase your time towards useful activities?

What are the most common interruptions that you had?

Is there any root causes to your interruptions that you can avoid?

New habits you would like to form:

1

2

Things to remember from Leadership Bootcamp

- Be an initiator
- Understand the makeup of your team
- Know your strengths and hone them
- Drive towards excellence in everything you do
- Improve and maintain your relationships
- Have empathy for others
- Sharpen the Saw
 - Balanced Self Renewal (physical, social, mental, spiritual)
- Practice your presentation skills
- Inspire and motivate others

Reference Websites

- <http://haleonline.com/psychtest/>
- <http://www.doi.gov/octc/scales.html>
- Jung: <http://www.humanmetrics.com/cgi-win/JTypes1.htm>
- Keirsey: <http://www.keirsey.com/>
- Jobs: <http://www.doi.gov/octc/typescar.html>